

WEEK COMMENCING 21/05/18		Monday	Tuesday	Wednesday	Thursday	Friday
CLASSIC COUNTER	Slow-Baked Moroccan Lamb with broad beans, prunes and preserved lemon (C, GA) served with roast pepper, sweetcorn and raisin couscous (GL-wheat, C)	Duck Leg Confit served with braised red cabbage creamed mash potatoes	Pork Steak with Romano peppers and pesto served with red onion mash potatoes watercress and rocket salad	Turkey Escalope with parmesan crust, lemon and black pepper served with courgette mornay columbine potatoes	Beef Bolognese Lasagne Al Forno served with tomato and basil salad garlic bread	
	Spanish Smokey Samfaina with eggs and rocket Served with tortilla chips Green salad	Falafel Wrap with beetroot hummus, tomato and vegan mayo	Vegetarian Quesadilla served with baby carrots, green beans and button onions in herbed vinaigrette jacket potato wedges	Cherry Tomato, Basil and Mozzarella Ciabatta Pizza served with tomato and coriander salad columbine potatoes	Bubble 'n' Squeak Cake topped with poached free-range egg, spinach and hollandaise sauce served with Provençale tomatoes	
FISH COUNTER	Seared Cod with aubergine ratatouille served with Chantenay carrots lyonnaise potatoes	Malaysian Snapper Curry with okra and tomato served with yellow rice prawn crackers	Herb Crusted Salmon served with baby carrots, green beans and button onions in herbed vinaigrette steamed new potatoes	Seafood Paella served with crusty bread (GL-wheat) tomato and coriander salad	Thai steamed Plaice Parcel and vegetable on wilted lettuce served with egg fried rice prawn crackers sweet chilli sauce	
THEATRE COUNTER	Black Pepper Beef Stir-Fry with bell peppers, spring onions, mange tout and noodles	Grilled Cumberland Ring <small>BUTCHER'S FINEST</small> served with braised red cabbage creamed mash potatoes gravy	Warm Chicken & Asparagus Caesar Salad served with jacket potato wedges	Korean Style Lamb Stir-Fry with carrot, spring onion, cucumber, onion, mint, coriander and rice noodles	Chicken & Black Bean Stir-fry with peppers, mange tout, bean shoots and noodles	
SALAD COUNTER	variety of fresh salads	variety of fresh salads	variety of fresh salads	variety of fresh salads	variety of fresh salads	
DESSERT COUNTER	Raspberry Bakewell Tart served with custard sauce	Chocolate Delice	Plum & Blackcurrant Sponge served with custard sauce	Strawberry Delight	Chocolate Tart	
	Homemade yoghurt with fruit coulis, honey or maple syrup	Homemade yoghurt with fruit coulis, honey or maple syrup	Homemade yoghurt with fruit coulis, honey or maple syrup	Homemade yoghurt with fruit coulis, honey or maple syrup	Homemade yoghurt with fruit coulis, honey or maple syrup	
	Freshly cut fruit	Freshly cut fruit	Freshly cut fruit	Freshly cut fruit	Freshly cut fruit	